

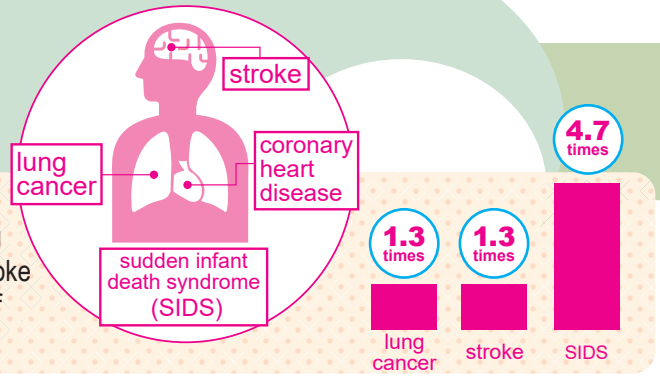
Saitamatch, Saitama Prefectural Mascot

Say NO to Secondhand Smoke!

Be considerate of your surroundings when you smoke

Q What is secondhand smoke?

Passive smoking is when someone who is not smoking breathes in secondhand smoke. Secondhand smoke is made up of the smoke coming from a lit cigarette or the smoke someone else has breathed out. This smoke contains toxic substances, such as nicotine and tar, which can harm you if you breathe them in.



Every year, approximately **15,000 people** die from these conditions and diseases. Secondhand smoke is a contributing factor toward these deaths.

Secondhand smoke puts people at higher risk of developing health problems.

Q What are the rules for facilities according to the Health Promotion Act and the Saitama Prefecture Ordinance to Prevent Exposure to Secondhand Smoke?

No smoking on premises

Schools, hospitals, government buildings, etc.



Exceptions: Designated outdoor smoking areas that comply with regulations.

No smoking indoors *some exceptions may apply

Restaurants, offices, etc.



Exceptions: Designated indoor smoking areas that comply with regulations
Outdoor smoking areas that are considerate of the surrounding environment

**Exceptions: Restaurants operating as a small business
Smoking permitted indoors**

If the following conditions are met, smoking is permitted while eating and drinking:

1. The business was in operation as of April 1, 2020
2. The total value of common stock and capital is 50 million yen or less
3. The seating area for customers is 100m² or less
4. There are no employees (excluding employees who live with and are relatives of the owner), or all employees have given their written consent to work in an establishment with a smoking area

*4 is a requirement set by the Saitama Prefecture Ordinance to Prevent Exposure to Secondhand Smoke.

Indoor smoking areas will be marked with smoking signs.

Smoking in areas without a smoking sign is prohibited. Employees and customers under the age of 20 cannot enter smoking areas.



Kobaton, Saitama Prefectural Mascot



Smoking sign



No smoking sign